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[www.HeartbeatofToledo.org](http://www.HeartbeatofToledo.org)

Human life is of greatest value and indispensable.  
It possesses dignity and commands respect.  
This service organization dedicates itself to the  
preservation of life. Efforts are directed to protect  
and help the mother.

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Fall 2010

# The Heartbeat Pulse

A PRO-LIFE publication

*Pregnancy centers that open an ultrasound clinic are seeing a success rate of 70-90% of abortion-vulnerable women choosing life!*

## 'A Picture is Worth a 1,000 Words' fund-raiser

The picture presented at Heartbeat's annual fund-raising breakfast on October 14 couldn't have been clearer: plans to open an ultrasound clinic soon will become a reality.

Heartbeat President **Carol Clark** announced the exciting news, confessing that one year ago she feared the plans would not take shape.

"How could we be ready, I wondered, when we had no space, no ultrasound, and most importantly, no doctor?" she told the 350 people at "A Picture is Worth a Thousand Words" at Gladioux Meadows.

But once Heartbeat's board committed to providing ultrasounds to pregnant women in need, the space opened up, the **Knights of Columbus** offered funding and **Dr. Harvey Popovich** called to volunteer as medical director.

"An amazing thing happens when a center does an ultrasound on women," Mrs. Clark explained. "Time and again these women see their babies' hearts beating and they begin to bond with their unborn

children. At that instant, they become mothers—fiercely protective of the life growing inside them."

Executive Director **Pat Todak** noted that in 2008 a Youngstown center began offering ultrasounds, and a year and a half later, the only abortion clinic in town closed its doors permanently.

"In 1991, there were nearly 2,200 abortion centers. Today 712 are operating. Sadly, two of those are open for business in Toledo," she said. "The best way for Heartbeat to reduce the number of abortions is to become a medical clinic and offer ultrasounds."

**Bob Boyer** of the Knights of Columbus was honored for his fund-raising efforts to secure \$13,000 to purchase the ultrasound machine. The Supreme Council of Knights is matching the money raised by local councils for a total gift of \$26,000.

"Thanks to the support of the Knights and many other caring people, our goal is about to be accomplished," Mrs. Todak said.



Among the 350 guests attending were U.S. Congressman Bob Latta, above left, with Rodney Schuster. Below are Rita Thomas, Diane Proshok and Fr. Joseph Poggemeyer.



Medical director Dr. Harvey Popovich, Heartbeat executive director Pat Todak, Heartbeat president Carol Clark, and Knights of Columbus Bob Boyer and Paul Upman.

## Actress Jennifer O'Neill to speak at 40th anniversary banquet



It has been nearly 40 years since **Dr. John Hillbrand** and **Lore Maier** opened Heartbeat's doors and began helping young women in "crisis" pregnancies. To commemorate this anniversary, Heartbeat of Toledo will hold a banquet **Tuesday, March 29** at Gladioux Meadows on Heatherdowns.

**Actress Jennifer O'Neill** will be the guest speaker for the evening. Her career began at age 15 as a high-fashion model in New York City. By age 21, she had already starred opposite John Wayne in "Rio Lobo" and was married with a 2-year-old daughter. She went on to star in films such as "Summer of '42," and became a 30-year spokesperson for CoverGirl.

But all the fame and fortune was not enough to elude a troubled private life, and it wasn't until after coming to the saving grace of Jesus Christ at age 38 that Ms. O'Neill finally began to heal from her considerable personal pain.

In 1997, Ms. O'Neill was prompted by her children to pen her story, "Surviving Myself" that tells of teen suicide, abortion, sexual abuse, domestic violence, depression, failed marriages and more with inspiring honesty, humor and hope. In her next book, "From Fallen to Forgiven," Ms.

O'Neill shares her journey of spiritual and emotional healing through God's grace.

She has spent the last decade traveling the country delivering God's message of unconditional love, forgiveness, healing and hope. Visiting high schools, colleges and youth groups, she encourages abstinence and a relationship with Jesus Christ.

Ms. O'Neill is the spokeswoman for the National Silent No More Awareness Campaign. The National Right to Life Committee has honored her with the "Proudly Pro-Life" award for her work in communicating the negative impact abortion has on women and families. She also hosted the documentary "Thine Eyes" filmed at the Washington D.C. March For Life in 2009.

"We look forward to having Ms. O'Neill at our banquet and also recognizing those past volunteers who have been instrumental in the creation of Heartbeat," said **Pat Todak**, Heartbeat's executive director.

Heartbeat is looking for individuals and organizations wishing to serve as sponsors for the event. If you are interested in being a sponsor or wish to purchase an ad in the commemorative program, please call Heartbeat at 419-241-9131.

# Volunteers provide makeover for new ultrasound room

For the last several months, the big question at Heartbeat has been, "Where do we put the ultrasound?"

Several options were considered and ultimately the close proximity to a water line determined that one office would become the Ultrasound Room.

The first step was to convert a storage room into an office for Pam Gniewkowski, office assistant. Kathryn Hague and Tammy

Currier of Impact Products, volunteers from United Way's Day of Caring, used a gallon of paint to transform the room.

Heartbeat volunteer Molly LeBlanc made curtains for the finishing touch while Rod McHaffie removed a large shelf.

Many hands went into making the new ultrasound room possible. Mike Cherry, his sons John and Paul and the West Toledo Council Knights of Columbus provided and installed a brand new sink and repaired the drywall. Lang Electric donated new electrical outlets.

Heartbeat's nurse Donna McHaffie and volunteers Theresa Jones, Jill Morse and Katie Cherry painted the rooms a two-tone shade of purple and green.

Dave Kirk shared his skills in floor installation while John Morse and Bill Clark installed new ceiling tiles.

Interior decorator Stephanie Stasa volunteered to help make not only the ultrasound room, but also the waiting room, look attractive for clients.

A huge thank you to Mercy Health Partners for donating an exam table, lamps, a cabinet, scale and stool.

The biggest thanks go to Project Ultrasound for their \$4,000 grant toward an ultrasound and to the Knights of

Columbus for raising the rest of the funds for the ultrasound machine.



Above, Bill Clark and John Morse install new ceiling tiles while Mike Cherry, below, installs a sink and cabinet for the ultrasound room.



## Patients needed for 'practice'

Heartbeat needs pregnant women 14 weeks or less to practice ultrasound scans on under the close supervision of a registered sonographer.

Our nurses each need to do 75 supervised scans in order to be ready to provide this service for Heartbeat clients. Please call the office at 419-241-9131 to schedule an appointment.



Medison rep John Blough demonstrates use of the ultrasound.



Nurses Lynn Bine, Lois Welch and Donna McHaffie with Medison rep John Blough receive a check from Bob Boyer for the new ultrasound.

## Shop at Kroger, let your community reward points benefit Heartbeat

Many Heartbeat supporters have a Kroger Plus Card which helps our organization with a donation, based on a percentage of your shopping. Kroger recently made it easier for organizations to collect

on their community reward points. To make sure your Kroger card is benefiting Heartbeat, visit the Heartbeat website, www.Heartbeatof Toledo.org, and follow the directions.



Leadership Toledo class members, from left: Todd Beringer, Jessica Prchlik, Amy Covyaw, Andrew Berenzweig and Joe Schlageter. Not pictured: Amanda Nelson, Beth Eckel, Kate Sommerfield and Amy Kennedy.

## With a little help from Leadership Toledo

Heartbeat is one of seven non-profit organizations selected to receive help from this year's Leadership Toledo class. Leadership Toledo is a non-profit organization that fosters leadership and involvement in the greater Toledo area.

Heartbeat was chosen after Executive Director Pat Todak made a presentation at a Leadership Toledo meeting. Heartbeat was one of 10 finalists considered by the class of 55 men and women.

Leadership Toledo class member Andrew Berenzweig indicated that being adopted was a significant factor in his decision to choose Heartbeat. His birth parents were 14 when he was born.

He chose Heartbeat because it gives him a feeling of connection to his birthparents by gaining an understanding of what they had to go through.

"I consider myself to be one of the most blessed individuals in the world," he added. Growing up in Chicago, he developed a passion for hockey and went to the University of Michigan on a hockey scholarship.

He then went on to play for the NHL Nashville

Predators for five years. He then joined his father-in-law's insurance brokerage, the Hylant Group. He has since obtained an MBA from the University of Toledo and is blessed with three daughters.

Amy Covyaw chose Heartbeat because "I once was a young single mother who really didn't know my choices. I was in college and everyone around me wanted me to have an abortion, but my heart of hearts just wouldn't allow me to do it. So I decided to have my daughter and what a blessing she was. I lost my sister to cancer the day before Taylor was born, so I always say that she was meant to be here and really she has helped me get through the roughest of times and motivated me to push and move forward."

The team has already met twice and is exploring name possibilities for the new ultrasound clinic.

Once that has been decided, the team will be promoting the clinic through such methods as a new website, Facebook, radio, print, and possibly television ads, TARTA bus ads, billboards and more.

The Leadership Toledo class will meet through May 2011.

## Thank you for your generous Memorials and Honorariums, July-November 2010!

### Memorials

**John Ahlfors**  
Barbara Rose  
**Father John Brennan**  
Barbara Rose  
**William A. Brodbeck**  
Mary Brodbeck  
**Henry "Hank" Cole**  
Barbara Rose  
**Dr. Bernard Cullen**  
Raymond and Ruth Buganski  
**Margaret Hayden**  
Steven Hayden  
**Dr. Richard Lewandowski**  
James & Janet Desmond  
**Violet Memmer**  
Serge & Mary Dery

**Dr. Lloyd Kavanagh**  
Raymond & Ruth Buganski  
Kathleen Kavanagh  
**George Meyers**  
James & Rosemary Riley  
**Greg Noe**  
Barbara Rose  
**John O'Halloran**  
James & Janet Desmond  
Dorothy Muller  
Juanita Sattler  
Harold & Lois Welch  
**Robert O'Neill**  
Barbara Rose  
**LaVerne Sattler**  
John & Esther Applegate  
Rita Arite  
Bill & Carol Clark

Wesley & Joan Cousino  
Serge & Mary Dery  
Robert & Marilyn Jesionowski  
Paul & Joyce Meyer  
Dorothy Muller  
Harold & Lois Welch  
**Rosemary Schriener**  
Todd & Jane Friesner  
**Kenneth Weislaak**  
James & Mary Jo Olejownik  
**Harriet Wisniewski**  
Rita Arite

### Honorariums

**Birth of First Grandchild**  
Patricia Hubay

**Dr. & Mrs. Thomas Dillon 50th Wedding Anniversary**  
Barbara Rose  
**Mary & Mitch Drumm 23rd Wedding Anniversary**  
Patricia Syring  
**Ron & Marian Gladieux 50th Wedding Anniversary**  
James & Karen Dunn  
**Marilyn Maurer's Birthday**  
Andrea Maurer  
Francine Maurer  
**Evan Christopher Thompson Baptism**  
Thomas & Mary Oess

### Executive Board of Directors

**President:**  
**Carol Clark**  
**Vice President:**  
**Judy Stead**  
**Secretary:**  
**Marilyn Mauer**  
**Treasurer:**  
**Cari Jennings**  
**Members**  
**Therese Cherry**  
**Ann Frahn**  
**Mary Kern**  
**Betty Metz**

**Rosemary Roesner**

**Jim Schaefer**  
**John Shaffer**  
**Mark Tooman**  
**Pat Winkler**

**Executive Director**

**Pat Todak**

**Editor — Beth Church**

## Heartbeat's Christmas wish list

- ♥A new or gently used location near UT/Franklin Park Mall
- ♥A sponsor to purchase pre-natal vitamin starter packs
- ♥Volunteer to coordinate mailings
- ♥Volunteer to sort baby clothes
- ♥Volunteer to input client data
- ♥Diapers newborn and size 1
- ♥Onesies (0-3, 3-6 months)
- ♥Sleepers, regular & blanket (0-3 and 3-6 months)
- ♥Receiving blankets
- ♥Wipes (80 pack)
- ♥Baby shampoo, lotion, wash
- ♥Similac and Enfamil formula
- ♥Baby monitors
- ♥Boy clothing 18-24 months
- ♥Battery-operated emergency radio
- ♥CD player for ultrasound room