



Heartbeat Pregnancy Mentor

Volunteer Job Description

A Heartbeat Pregnancy Mentor responds to the needs of women and men who are concerned about an unplanned pregnancy. The Mentor assists clients with self-administered pregnancy tests to determine negative and positive test results. Mentors discuss the situation/circumstances facing the clients as well as options available. This includes providing accurate information regarding abortion, adoption, and single and married parenting following a positive pregnancy test result as well as information about the Heart to Heart Parent Training Program. Information regarding abstinence is given if a negative pregnancy test is obtained.

Objectives

- Discuss results of client-read pregnancy tests
 - Positive test interpretation –Assess client’s intention for pregnancy, offer positive options, and explore client’s circumstance and support system.
 - Negative test interpretation—Discuss risk of sexually transmitted diseases, return to abstinence, establishing healthy boundaries in relationships.
- Provide appropriate educational information to abortion-minded client; abortion procedures and risks—physical, emotional, and spiritual; as well as applicable laws concerning abortion.
- Provide appropriate educational information regarding fetal development as it pertains to client’s stage of pregnancy (utilizing pregnancy wheel for educational purpose only).
- Present positive options for positive pregnancy test client—carry to term and parent (single and married parenting); carry to term and make an adoption plan. Introduce Heart to Heart Earn While You Learn Parent Training Program.

Volunteer Duties

- After training, commit to three or four 4-hour (negotiable) shifts per month.
- Attend three, 2-hour training sessions in fall or spring before assuming in-office duties.
- Accurately complete assigned paperwork
- Encourage and support each client
- Attend at least four of six in-service training meetings per year.
- Answer phones, schedule appointments, and interview clients.

Position Requirements

- To work through the materials in the Training Manual before shadowing in the office.
- To observe experienced pregnancy advocates for several test client visits.
- To become familiar with the office protocol.
- To review and understand the Heart to Heart Earn While You Learn procedure.
- To become familiar with both the educational information and legal issues pertaining to abortion, adoption, fetal development, sexually transmitted diseases; and abstinence.
- To become familiar with the referral agencies we send clients to for follow up.

Qualifications

- To believe that **life** is sacred.
- To be in full agreement with Heartbeat’s Mission Statement.
- To be a good and effective listener.
- To have a basic understanding of human nature and be able to adjust to a client’s pace of progress and/or growth. To respect, without judgment, a client’s choices.
- To be dependable, stable and capable of following through with a client’s needs.
- To be calm, nonjudgmental, and flexible with clients in emotionally charged crisis situations.
- To possess a sincere desire to reach out to those in distress with compassion and a willingness to make a difference.